

# Calaamadaha Hypoglycemia (Sonkorta Dhiigga ee Sarreysa)

SABABAHA: Cunto aad u yar, insulin fara badan ama sonkorow, hawl jidhka laga qabto oo fara badan

SOO MUUQASHADA: Lama filaan, waxaa laga yaabaa iney u gudubto naxdin insulin

SONKORTA DHIIGGA: Wixii ka hooseeya 70 mg/dL



LIIC LIICID



WADNE GARAAC  
DEG DEG LEH



MADAX XANUUN



DHIDIDID



ARAGGA  
OO DACIIFA



WEL WEL



CAAJIS



DACIIFTINNIMO,  
DAAL



QOFKA OO  
ISKA CAROONAYA



BAAHI

## Si loo Daaweeyo Hypoglycemia



ISKA HUBI  
SONKORTA DHIIGGA  
Haddii aad tahay  
70mg/dL ama ka yar\_



CAB  
4oz.oo casiir ah  
ama 8oz. caano  
aan dufan lahayn  
ama cun dhowr  
nac naca adog ah.



ISKA HUBI  
SONKORTA DHIIGGA  
15 daqiiqadood  
gudahooda. Haddii ay  
calaamadu ku  
istaagi waayaan,  
takhtarka wac.



MUDDO 30  
DAQIIQADOOD  
GUDAHOODA AH  
markay calaamadu  
dhammaadaan ka dib,  
cun cunto fudud ama  
batarka looska ama  
sandiwij hilib ah iyo  
koob caano ah.



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Somali | Symptoms of Hypoglycemia

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