

Types of Long-term Asthma Medications

Inhaled Corticosteroids

- There are many different types of steroids.
- This medicine is not the same kind of steroid that some people use to build muscles.
- This medicine is very effective in treating the swelling in the airways. Inhaled steroids have few side effects.
- You should ask your doctor if you are worried about side effects.
- It is important to take this medication every day.

Brand names include:

Flovent Azmacort Advair
Becloment Aerobid Pulmicort



Cromolyn Sodium/Nedocromil Sodium

- Cromolyn and Nedocromil both work by reducing swelling in the airways.
- These medications must be taken at the same time, at least 3 times each day to be effective, usually 4 times a day.

Brand Names include:

Intal Tilade

Leukotriene Modifiers

- This medicine comes in the form of a pill.
- You take this kind of medicine every day to reduce swelling in the airways in the lungs.

Brand names include:

Accolate Singulair Zflo



Long Acting Beta agonists

- These medications are like quick relief medications but they start working slower and last longer.
- They should only be used with other long-term medications, never alone.
- They should never be used to provide quick relief of symptoms.

Brand names include:

Serevent Foradil Volmax

Oral Corticosteroids

- Oral corticosteroids are usually taken for a few days after a severe asthma event.
- They come in the form of pills or syrup.
- Long-term use of this kind of medication can cause side effects.
- People with severe asthma may take these every day.

Brand names include:

Prelone PediaPred Decadron

